PADI Peak Performance Buoyancy

The diver who masters his **buoyancy** stands out immediately. Learn how to descend, ascend and hover naturally, get the best out of your dives by moving effortlessly into the water, consuming less air and without damaging any aquatic life while diving. Join a *PADI Peak Performance Buoyancy course* with **Evasioni Blu Diving Ustica - Palermo** (Sicily).

PADI Peak Perfomance Buoyancy Program

What you will learn during your PADI Peak Performance Buoyancy course

- How to determine the exact ballast required for your dives
- How to make yourself hydrodynamic to save energy and air consumption
- How to hover effortlessly in any position

The PADI Peak Performance Buoyancy course is divided into two main parts:

- 1. Knowledge development (individual and classroom study).
- 2. Two dives in open water to put into practice the abilities of buoyancy and trim.

PADI Peak Perfomance Buoyancy Prerequisites

(Junior) Open Water Diver.

Credit/Certification PADI Peak Perfomance Buoyancy

By completing your course you will receive your **PADI Peak Performance Buoyancy specialty certification**. This certification can be credited as an adventure dive for your *PADI Adventure Diver* or *PADI Advanced Open Water Diver* course.

Learning has never been easier!

Sign up for the PADI Peak Perfomance Buoyancy E-learning course, to have immediate access to the manual and to the videos intergrated in a single guide for online learning, or contact us to sign up directly at *Evasioni Blu Diving Resort* in *Ustica* and *Isola delle Femmine* (*Palermo*, *Sicily*).

Characteristics of

PADI Peak Performance Buoyancy

• Type: Course for divers

• **Duration**: 1-2 days with classroom lessons and 2 open water dives

• Certification: PADI Peak Performance Buoyancy Specialty Certification

• Requirements: (Junior) Open Water Diver

• Cost: € 200,00 (paperback)