

# PADI Primary & Secondary Care

Not only useful for diving, but for everyday life. Learn how to give **Basic Life Support**; lifesaving skills in **emergency situations**, by following simple steps and become confident in your rescue skills. To participate in the *PADI Rescue Diver course*, you must have completed the EFR Primary & Secondary Care program. The *EFR Primary & Secondary Care course* is based on internationally recognized guidelines.

## PADI EFR Primary & Secondart Care Program

During this course you will learn:

- How to give first aid and secondary rescue
- Techniques to manage life-threatening emergencies
- How to provide CPR (Cardio-Pulmonary Resuscitation)
- How to prevent and treat severe bleeding, shock management and spinal injuries
- The use of barriers to reduce the risk of disease transmission
- How to provide secondary help and manage emergencies that are not life threatening to reduce pain or bleeding.

The EFR Primary & Secondary Care course is divided into two main phases:

1. Knowledge development
2. Practical workshop of rescue skills and emergency scenarios

## PADI EFR Primary & Secondart Care Equipment

All the equipment needed for the practical sessions of the course will be provided by our **Evasioni Blu Diving Ustica - Palermo ( Sicily )**.

## PADI EFR Primary & Secondart Care Prerequisites

There are no prerequisites for taking the course.

## Credit/Certification PADI EFR Primary & Secondart Care

Successfully completing the course, you receive the **EFR Primary & Secondary Care provider certification**, a worldwide recognized certification. A valid EFR Primary & Secondary Care certification is a requisite to take part in the *PADI Rescue Diver course*.

**Learning has never been easier!**

Sign up for the Emergency First Response E-learning course, to have immediate access to the manual and to the videos intergrated in a single guide for online learning, or contact us

to sign up directly at *Evasioni Blu Diving Resort* in *Ustica* and *Isola delle Femmine* (*Palermo, Sicily*).

## Characteristics of PADI Primary & Secondary Care

- **Type:** Course for beginners
- **Duration:** 1-2 days (theory lesson & practical sessions)
- **Certification:** EFR Primary & Secondary Care Provider
- **Requirements:** -
- **Cost:** € 150.00